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**2025 Your Year of Supernatural Help!**

***Is 58:6*** *“Is this not this the fast that I have chosen? To lose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?”*

* 21 Days of Prayer and Fasting is not a hunger strike. It is a position we as a church take to inform every natural thing, that our spirit is in charge, and not the flesh.
* It is also a time set apart where our spirit will take new heights in the things of God.
* We do not do it to persuade God. He has already blessed us. We fast to condition our spirit to receive from God, what rightfully belongs to us.
* We fast to partner with God, so we can be a clean vessel in His hands.

***Ps 24:3-4*** *“Who shall ascend into the hill of the Lord? Or who shall stand in his holy place? “He that hath clean hands, and a pure heart; who hath not lifted up his soul unto vanity, nor sworn deceitfully.”*

***Prov 20:27*** *“The spirit of man is the candle of the Lord, searching all the inward parts of the belly.”*

Nothing changes in the spirit until we pray. Nothing can be preserved unless we pray. Preservation and change only take place in prayer.

I want to encourage all of you to come out to pray and be a part of what the Lord is doing in our churches, because we are going to another realm.